

MENTAL HEALTH CONFERENCE

Reducing the Stigma to Increase Awareness and Drive Change

Friday, September 27, 2019

7:30 a.m. – 3 p.m.

\$59

Temple College Pavilion

Breakfast and Lunch Included

6 CEUs available for LPCs and Social Workers

This conference focuses on prevalent community issues and how the underlying causes can be connected to mental health and untreated mental illness. We will present sessions on mental health support, substance abuse, family violence, chronic illness, and suicide prevention. The objective is to start conversations that reduce the negative stigma of mental health, and increase awareness and advocacy to drive change.

Keynote Speaker:

Clarena Tobon

Suicide Awareness and Prevention



Clarena Tobon lost her mother to suicide in 2007. Since then, she has become a suicide prevention advocate and public speaker. Clarena was featured in the documentary “Family Journeys: Reclaiming Life After Loss.” She is a field advocate for the American Foundation for Suicide Prevention and co-founder of Hope Happens, which brings suicide prevention and awareness to communities in Central Texas.

Additional Conference Sessions:

- *Mental Health Awareness and Support*
- *Veterans and Suicide Awareness, Prevention, Treatment*
- *Chronic Illness and Mental Health*
- *Substance Abuse and Mental Health*
- *Family Violence, Victimology and Mental Health*

Registration is now open!

Contact us for more information:

www.templejc.edu/bce | bce@templejc.edu | 254-298-8625

